

Kathryn Davis Germeraad, DO

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EDUCATION

Addiction Medicine Fellowship July 2022 to present
Tulane University Medical School
Pending graduation June 2023

Internal Medicine Residency July 2019 to 2022
Ballad Health/Wellmont Health System, Norton, VA
Graduated June 2022

Doctorate of Osteopathic Medicine August 2015 to 2019
Lincoln Memorial University - DeBusk
College of Osteopathic Medicine

Master of Business Administration August 2015 to 2019
Lincoln Memorial University

Master of Biomolecular Science June 2012 to May 2013
emphasis in Cancer Biology (summa cum laude)
Lipscomb University

Bachelor of Science in Biology Fall 2008 to May 2012
with Chemistry Minor (magna cum laude)
Lipscomb University

WORK HISTORY

Addictionologist at Odyssey House NOLA and Lake Charles January 2023 to present

- Working as the primary admitting and on call detox physician for the Lake Charles location. Also working prn for the detox facility located in New Orleans.
- Moonlighting while still in Fellowship at Tulane.

Fellow in Addiction Medicine, Tulane University Medical School July 2022 to present

- Tulane Medical Center, rehab centers, detox facilities, outpatient treatment

Resident in Internal Medicine PGY3 July 2019 to June 2022

- Elected “Resident of the Month”, two separate occasions within the first 6mo of intern yr
- Norton Community Hospital.
- See Service and Leadership Section of list of committees and leadership positions

Caregiver for Elderly Alzheimer’s Patients November 2014 to May 2015

Adjunct Biology Professor, Lipscomb University August 2013 to May 2014

- Taught Microbiology Labs, Fundamental Biology lecture and labs 20 hours a week.
- Lectured on general biology, designing and teaching laboratory experiments.

Graduate Assistant/Lab Instructor
Lipscomb University

June 2012 to May 2013

- Taught Cell and Genetics Labs, Introduction to Microbiology Labs, and Fundamental Biology Labs 20 hours a week. Designed and set up laboratory experiments for students, while helping the other Faculty with grading, teaching, and office work.

Pharmacy Technician
Vanderbilt University Medical Center

July 2011 to April 2012

- Worked 24-30 hrs/wk in the central and satellite pharmacies
- Delivered medications to computerized dispensing machines throughout the hospital
- Filled patient prescriptions of multiple drug classifications.

Pharmacy Technician
Methodist Hospital

March 2009 to March 2011

- Worked as a part-time technician
- Filled inpatient pharmaceutical needs including IV medications, Narcotics, compounding, and oral medications utilizing computerized dispensing equipment

RESEARCH EXPERIENCE

Case Report: Management of Pneumomediastinum in pts w/ COVID-19
Ballad Health Research Symposium

April 2022

Quality Improvement Project (Norton Community)

July 2019 to 2022

Graduate Research, P.I. Dr. Lowrance,
Lipscomb University

January 2013 to May 2013

- Studied the expression profile of hBDNF exons in less invasive MCF-7 breast cancer cells compared to highly invasive MDA-MB-231 breast cancer cells using RNA isolation, RT-PCR, and gel electrophoresis.
- **Graduate Research Symposium, "The Exon Profile of Human Brain-Derived Neurotrophic Factor in MDA-MB 231 Breast Cancer Cells"**
May 2013

Undergraduate Research, P.I. Dr. Lowrance,
Lipscomb University

January 2012 to May 2012

Water Sample Testing for Radnor Lake State Natural Area. Analyzed microbial coliform presence and water quality within the lake's tributaries and watershed areas.

LICENSE and CERTIFICATIONS

Louisiana State Medical License, DEA and X-waiver

Issued June 2022

Mississippi State Medical License

Issued June 2022

Commonwealth of Virginia Resident Medical License

Issued May 2021

Basic Life Support (BLS) Provider

Issued May 2021

Advanced Cardiovascular Life Support (ACLS) Provider

Issued May 2021

Pediatric Advanced Life Support (PALS) Provider

Issued May 2017

Basic Life Support (BLS) Instructor

Issued June 2017

SERVICE & LEADERSHIP

Tulane Resident and Fellow Congress- Committee Member	July 2022 to present
Committee leader for “Resident Wellness” and “Social Committee”	July 2019 to June 2022
Committee Volunteer for NCH’s Tissue, Tumor, Transfusion Committee	July 2019 to June 2022
Committee Volunteer for NCH’s Mortality Committee	July 2019 to June 2022
Indian Path Medical Center Volunteer Student/Volunteer worker. Labor and Delivery Department, 6 hour shifts at least once a month.	July 2017 to May 2019
Student Government Mentorship Program Shared insight into successful study habits, balancing course work with extracurricular activities and local eats with members of incoming classes.	August 2016 to Present
Greet and Treat Volunteer Leader Provided Osteopathic treatments to the LMU-DCOM community, fellow students and the college athletes. Worked with the Osteopathic Professors, the Osteopathic Fellows and medical students. Treated patients on Wednesdays for 2 hours in the Osteopathic Principles and Practice treatment lab on campus.	August 2015 to May 2017
Student Ambassador Represented Lincoln Memorial University-DeBusk College of Osteopathic Medicine by leading campus tours for prospective students and attending “Meet and Greet” dinners with interviewing applicants.	October 2015 to May 2017
Curriculum Committee – Assessment Team Leader Provided Course Directors constructive feedback regarding course organization, teaching strategies, technology usage and exam content. Scheduled meetings, delegated tasks and oversaw report writing about improvements for future classes.	September 2016 to April 2017
Community Wellness Site Leader Volunteered as site leader for the community wellness program at the middle school to plan the schedules, create lesson plans, train volunteers, and teach students.	August 2016 to May 2017
Community Wellness Volunteer Educated local elementary school children about benefits of healthy living and engaged them in physical activity.	August 2015 to May 2016
Emergency Medicine Club Treasurer	August 2016 to May 2017
Business in Medicine Club Treasurer	August 2016 to May 2017
Pathology, Plastics, ENT & Dermatology Club Vice President	August 2016 to May 2017
Lipscomb University Biology Tutor <i>Tutored classmates and underclassmen in many subjects including biology, mathematics and chemistry</i>	August 2011 to May 2014

COMMUNITY OUTREACH

Rocky Fork State Park- Volunteer and Friends Group Member Trail building and preservation, litter clean up, creek clean up, Friends Group volunteer for local festivals and events held at the park. Fund-raising for the State Park and the Friends Group. Helped with the fire-fly and salamander hikes the past two summers.	May 2015 to Present
International Community Service: Guatemala Clinica Ezell medical missions volunteer	Spring 2011
Nashville Inner City Missions	February 2012 to June 2015

Hillsboro Church of Christ

Water Quality Research: Radnor Lake State Natural Area via Lipscomb

Spring 2012

Nashville Flood Relief, Red Cross

May 2010

Annual Lipscomb Service Day Leader

Annually 2008-2013

PROFESSIONAL MEMBERSHIPS

Women's Health Club

August 2015 to Present

Student Osteopathic Medical Association

August 2015 to Present

American Medical Student Association

August 2016 to Present

American Medical Association

August 2015 to Present

Tennessee Osteopathic Medical Association

August 2015 to Present

Daughters of American Revolution

October 2011 to Present

PERSONAL INTERESTS

Taking Spanish lessons with my tutor. Running and Weight lifting. Hiking with my dog. Boxing and yoga. Knitting and crocheting. Home improvement projects. Creating new healthy alternatives to my favorite recipes. Traveling to new places. Visiting State Parks and National Parks. Historical Re-enacting with family.